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Wadsworth Falls Loop

easy★★★★★ (2008)

Wadsworth Falls State Park

Photos (1,555)

Directions

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Discover this 3.60 mile, loop trail near Middletown, Connecticut. Generally considered an easy route, it takes an average of 1 h 42 min to complete. This is a very popular area for hiking, mountain biking, and trail running, so you'll likely encounter other people while exploring. The trail is open year-round, but the best times to visit are March through October. Dogs are welcome, but must be on a leash.

Length
3.6 mi

Elevation gain
364 ft

Route type
Loop

- Dogs on leash

Kid friendly

Hiking

Mountain biking

Nature trips

Walking

